

COFFEE

Locally Roasted Guatemala Arabica Dark Roast Beans from Great Brington Coffee. Available with Syrup (+40p)
Alternative Milk Available (Soya, Almond etc.)

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| Americano (straight black coffee) | £2.45 |
| Espresso | £2.45 |
| Double Espresso | £2.70 |
| Cortado | £2.65 |
| Cappuccino | £2.85 |
| Latte | £2.85 |
| Flat White | £2.85 |
| Mocha | £3.00 |
| Extra shot of coffee | £0.30 |
| Chai Latte | £2.85 |
| Dirty Chai Latte with a shot of espresso | £3.00 |

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| Hot Chocolate | |
| White Chocolate, Milk Chocolate | £2.90 |
| Deluxe Hot Chocolate with Whipped Cream, Marshmallows | £3.30 |

TEAS

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| Mug of Yorkshire Tea | £1.65 |
| Pot of Yorkshire Tea | £2.00 |
| Yorkshire Tea for Two | £3.30 |
| Speciality Teas (Peppermint, Chamomile, Green Lemon Tea, Green Tea, Earl Grey, Lemon & Ginger, Cranberry & Raspberry, Strawberry & Raspberry) | £2.20 |

COLD DRINKS

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| Bottled Soft Drinks (see drinks fridge) | Various |
| Bottled Water (still & sparkling) | £1.20 |
| Shmoo Milkshakes (Chocolate, Banana or Strawberry) | £1.80 |
| Deluxe - Cream and sprinkles | £2.20 |
| Smoothies (See Board) | £3.00 |

SWEET TREATS

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| Toasted Tea Cake with Butter | £2.50 |
| Selection of Home-made Cakes (see display) - all our cakes are made by our in-house baker | Various |
| Gluten Free & Vegan Cakes | Various |



HOT FOOD

REPLETE FLATBREADS

Indian Kulcha filled with homemade onion bhaji & a tomato & chilli chutney served with Friars Farm Chutney & a side salad **(Vegan) - £6.00**
Tex - Mex flatbread filled with cheese, spring onion, chilli, coriander & lime zest served with our house salad - **£5.50**

QUICHE & SALAD - £6.00 (See board for daily specials)

All our quiches are home-made in house with the finest ingredients. Flavours will change with the season and availability.

JACKET POTATO WITH SIDE SALAD - £6.00

Cheese & Coleslaw - Baked Beans & Cheese - Tuna Mayo & Cheese

BURGERS - £6.00

Served in a brioche bun with home-made coleslaw and crisps

Home-made Beef Burgers

Home-made Cheese Burger + 30p. Freshly cooked Cajun Chicken Breast Burger + £1.00

FRESHLY COOKED CHICKEN BREAST - £6.50

Freshly cooked marinated chicken breast, choose as a salad or in a deli roll with coleslaw and crisps
Mojito Chicken - Lime and Mint Marinade **Cajun Chicken** - Seasoned with a Cajun Spice Blend

SALAD WITH SPECIALITY BREAD - £5.00

Choice of Farrington Mellow Yellow dressings - Honey & Mustard, Balsamic or Classic Vinaigrette
Chicken & Bacon or Egg or Chicken & Avocado or Brie & Bacon or Grilled Halloumi

Other variations available please ask a member of staff

OPEN SANDWICH - £5.00

Chicken BLT - Open sandwich with Roasted Chicken Breast, Smoked Back Bacon, Tomatoes, Iceberg and Mayo served with The House Side Salad and Home-made Coleslaw

Halloumi (v) - Open Sandwich with Halloumi, avocado and sweet chilli sauce served with the house side salad and home-made coleslaw.

SANDWICH MENU

Choose White or Malted Wheat Bloomer or Tortilla wrap. Served with crisps - £5.00 (Add 50p for Panini, Toasted Sandwich)

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| Bacon, Brie & Cranberry | Smoked back bacon with creamy brie and a tangy cranberry sauce |
| Bacon & Avocado | Smoked back bacon, avocado and mayo |
| Chicken Salad | Slices of roast chicken with tomato, cucumber & lettuce & mayo |
| Houghton Ham | Local Houghton Ham - with or without salad/mustard |
| Chicken & Bacon | Slices of roast chicken with smoked back bacon and mayo |
| B.L.T | Classic bacon, lettuce, tomato & mayo |
| Chicken & Avocado | Slices of roast chicken breast with avocado and mayo |
| Ploughmans | Houghton Ham with cheddar cheese, Friars Farm Chutney & baby salad leaves |
| Fish Finger Sandwich | Fish Fingers, home-made tartar sauce and crispy iceberg lettuce |
| Tuna Mayo | Tuna Mayo - why not add sweetcorn, cucumber or red onion |
| Southern Fried Chicken | Fillets of Southern Fried Chicken with Mayo and Crisp Iceberg Lettuce |
| Grilled Halloumi Salad (v) | Warm Grilled Halloumi with Salad and Baby Leaves |
| Cheese & Tomato (v) | Mature Cheddar Cheese with Ripe Tomato |
| Egg Mayo (v) | Local free range eggs |
| Cheese & Chutney (v) | Cheddar cheese with Friars Farm Chutney |
| Brie & Cranberry (v) | Creamy brie with tangy cranberry sauce |
| Houmous, Red Pepper & Avocado Salad (v) (vg) | Houmous with Roasted Red Pepper, avocado and baby salad leaves |
| Falafel (vg) | Houmous, Roasted Red Pepper and Salad Leaves |

(Please state vegan when ordering as a different spread is used on the bread)

Other variations of these fillings are available - please ask a member of staff

For allergy advice please ask a member of staff

Have you seen our Specials Board for more delicious choices?



BREAKFAST

Breakfasts Served Monday to Friday 9am - 11.30am and Saturday and Sunday all day

2 Bacon, 2 Sausage, 2 eggs, Hash Browns, Beans, Grilled Tomatoes, Mushrooms, Black Pudding, White or Brown Toast

5 items for £6.60 - **extra items 70p each** (with Tea **£7.50** or with Coffee **£7.75**)

Full Monty Items cannot be substituted, please choose individually if you don't want all 8 items **£8.00**

Served all day

Breakfast Butties Choose from Bacon, Sausage or Egg **£4.00 for 2 items, 50p per extra item**

Breakfast Bap - Sausage, Bacon, Egg **£4.50**

Breakfast Baguette **£5.00**

Eggs Benedict Bacon on Toasted Muffin topped with Poached Eggs and Hollandaise Sauce **£4.50**

Eggs Royale Toasted breakfast muffins with smoked salmon, poached eggs and hollandaise sauce **£5.00**

Vegetarian Option Mushrooms & Spinach on Toasted Muffin topped with Poached Eggs & Hollandaise Sauce **£4.50**

TOAST

(CHOICE OF WHITE OR BROWN BREAD)

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|--|-------|
| 2 x Toast & Butter with Friars Farm Summer Fruits Jam, Friars Farm Marmalade, Marmite | £2.50 |
| Beans on Toast | £3.25 |
| Eggs on Toast (scrambled/poached or fried) | £3.25 |
| Avocado Smash with Chilli & Poached Eggs | £4.00 |

Children's Menu

FOOD

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| Sandwiches | £2.50 |
| Served with Cheesy puffs or Prawn Shells Sausage, Jam, Ham, Cheese, Tuna Mayo | |
| Scotch Pancakes | £1.50 |
| Drizzled with honey or melted Nutella | |
| Beans or Scrambled Egg on Toast | £1.50 |
| Buttered Crumpets with Jam or Marmite | £1.50 |
| Kid's Breakfast | £4.00 |
| 1 bacon, 1 sausage, 1 egg, beans and hashbrown | |
| Potato Waffle , sausage and beans | £3.00 |
| Cheesy Tomato Pasta with Garlic Bread | £2.50 |

DRINKS

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|---|-------|
| Squash - Summer Fruits or Orange | 50p |
| Cartons - Orange or Apple | 70p |
| Various Animal Drinks | £1.00 |
| Hot Chocolate | £1.00 |
| Hot Chocolate Deluxe | £1.50 |
| Kids Milk Shake | £1.00 |
| Kids Milk Shake Deluxe | £1.50 |
| Babycino | 60p |
| Glass of Milk | 50p |

Menu
come

Forget
Me Not
CAFE



We have created a menu for you offering a choice of delicious food to suit all tastes, offering breakfasts, sandwiches, jacket potatoes, paninis and flatbreads. We also offer home-made soup and cakes and have a great choice on our daily specials boards. We source our ingredients from local suppliers where possible. Please take a moment to look at our local supplier information boards by the servery.

Our mission is simple: to serve delicious food that offers exciting flavours with a menu that caters for vegans, vegetarians and gluten free customers. We are child friendly and have free parking and disabled access and toilet. We aim to please so if you require any help or advice on your menu choice please let us know - we are happy to help.

A warm welcome awaits you and thank you for coming.

Jeni and her Team

Forget Me Not Cafe Opened in April 2017.

CHOICE CATERING



Choice catering provide freshly made business lunches and corporate buffets delivered to your office or workplace, we also provide catering for pop up events, and corporate hospitality and parties. Ask a member of our staff for more details or telephone us on number below.

Forget Me Not CAFE

Moulton Community Centre, Reedings, Moulton NN3 7AX

LOYALTY CARD

Loyalty card terms and conditions - This offer is for hot drinks only.

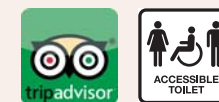
TAKE AWAY AVAILABLE

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